

# PRE MARRIAGE RETREATS



## VIPCare

VIRGINIA INSTITUTE  
OF PASTORAL CARE



*For Couples of All Ages Planning  
to be—or Recently—Married*



Retreat participants learn about relationship styles by exploring the Enneagram and discover ways to increase communication skills.

The Enneagram is a personality test with a deep spirituality that explores the 'why' of how we act as individuals and in relationship to others.

#### PROGRAM GOALS:

- ♥ Learn about yourself and your partner
- ♥ Explore personal expectations for your future together
- ♥ Develop ways to manage conflict
- ♥ Learn to appreciate differences and individual strengths

Retreats cost \$200 per couple, which includes the required Enneagram test and a copy of the book, *The Path Between Us: An Enneagram Journey to Healthy Relationships* by Suzanne Stabile.

#### RETREAT DETAILS:

- Select Saturdays throughout the year
- Retreats take place on Zoom or in person
- Registration and retreat dates online at [www.vipcare.org](http://www.vipcare.org) or call VIPCare at 804.282.8332



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2000 Bremo Road, Suite 105, Richmond, Virginia 23226  
p 804.282.8332 • f 804.288.4558 • [vipcare@vipcare.org](mailto:vipcare@vipcare.org)

[www.VIPCare.org](http://www.VIPCare.org)